



WORLD
Heart Day
FUN!

**THE KEY TO SUCCESS
IS HAVING A HEALTHY
HEART.**

Join us for a fun-filled day with
FitnessZone & Vigor Hospital.

**29 September @8:00am
- 4:00pm in the Car Park**

ACTIVITIES AT THE MALL:

Health Talk on cardiovascular disease &
prevention, **FREE** health screening related
to the heart and dance aerobic exercises

Novare Lekki

Cnr of Lekki-epe Expressway &
Monastery Road, before Crown Estate,
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shopping fun for everyone